Tunniplaan - 2023 Märts

Kell	Esmaspäev	Teisipäev	Kolmapäev	Neljapäev	Reede	Laupäev	Pühapäev
			1	2	3	4	5
10:00							
11:00							
12:00							
13:00							
14:00							Pole Exotic | Julia
15:00							Pole Fitness | Julia
16:00							Stretching | Julia
17:00					Kids Pole Fitness | Julia		
18:00			mk	Pole Fitness | Ilona / Strip Choreo | Irina	Pole Exotic | Julia		
19:00				Pole Fitness | Ilona / PRIVATE COURSE			
20:00			Pole Fitness | Julia / PRIVATE COURSE	Pole Exotic | Julia / Stretching | Rekap			
21:00			PRIVATE COURSE				
	6	7	8	9	10	11	12
10:00							
11:00							
12:00	Pole Exotic | Milena						
13:00							
14:00							Pole Exotic | Julia
15:00							Pole Fitness | Julia
16:00							Stretching | Julia
17:00		Kids Pole Fitness | Julia			Kids Pole Fitness | Julia		
18:00	Pole Exotic | Rekap	PRIVATE COURSE / Chair Dance | Julia	PRIVATE COURSE	Pole Fitness | Ilona / Strip Choreo | Irina	Pole Exotic | Julia		
19:00	Pole Fitness | Liubov / Strip Choreo | Irina	Pole Fitness | Ilona / Strip Choreo | Julia	Pole Exotic | Milena / Chair Dance | Rekap	Pole Fitness | Ilona / PRIVATE COURSE			
20:00	PRIVATE COURSE / Stretching | Liubov	Pole Exotic | Ilona	Pole Fitness | Liubov / PRIVATE COURSE	Pole Exotic | Julia / Stretching | Rekap			
21:00	PRIVATE COURSE		PRIVATE COURSE				
	13	14	15	16	17	18	19
10:00							
11:00							
12:00	Pole Exotic | Milena						
13:00							
14:00							Pole Exotic | Julia
15:00							Pole Fitness | Julia
16:00							Stretching | Julia
17:00		Kids Pole Fitness | Julia			Kids Pole Fitness | Julia		
18:00	Pole Exotic | Irina	Chair Dance | Julia		Pole Fitness | Ilona / Strip Choreo | Irina	Pole Exotic | Julia		
19:00	Pole Fitness | Liubov / Strip Choreo | Irina	Pole Fitness | Ilona / Strip Choreo | Julia	Pole Exotic | Milena / Chair Dance | Julia	Pole Fitness | Ilona / PRIVATE COURSE			
20:00	Stretching | Liubov	Pole Exotic | Ilona	Pole Fitness | Liubov	Pole Exotic | Julia / Stretching | Rekap			
21:00							
	20	21	22	23	24	25	26
10:00							
11:00							
12:00	Pole Exotic | Milena						
13:00							
14:00							Pole Exotic | Julia
15:00							Pole Fitness | Julia
16:00							Stretching | Julia
17:00		Kids Pole Fitness | Julia			Kids Pole Fitness | Julia		
18:00	Pole Exotic | Rekap	PRIVATE COURSE / Chair Dance | Julia	PRIVATE COURSE	Pole Fitness | Liubov / Strip Choreo | Irina	Pole Exotic | Julia		
19:00	Pole Fitness | Liubov / Strip Choreo | Irina	Pole Fitness | Rekap / Strip Choreo | Julia	Pole Exotic | Milena / Chair Dance | Rekap	Pole Fitness | Liubov / PRIVATE COURSE			
20:00	PRIVATE COURSE / Stretching | Liubov	Pole Exotic | Milena	Pole Fitness | Liubov / PRIVATE COURSE	Pole Exotic | Julia / Stretching | Rekap			
21:00	PRIVATE COURSE		PRIVATE COURSE				
	27	28	29	30	31		
10:00							
11:00							
12:00	Pole Exotic | Milena						
13:00							
14:00							
15:00							
16:00							
17:00		Kids Pole Fitness | Julia			Kids Pole Fitness | Julia		
18:00	Pole Exotic | Rekap	PRIVATE COURSE / Chair Dance | Julia	PRIVATE COURSE	Pole Fitness | Ilona / Strip Choreo | Irina	Pole Exotic | Julia		
19:00	Pole Fitness | Liubov / Strip Choreo | Irina	Pole Fitness | Ilona / Strip Choreo | Julia	Pole Exotic | Milena / Chair Dance | Rekap	Pole Fitness | Ilona / PRIVATE COURSE			
20:00	PRIVATE COURSE / Stretching | Liubov	Pole Exotic | Ilona	Pole Fitness | Liubov / PRIVATE COURSE	Pole Exotic | Julia / Stretching | Rekap			
21:00	PRIVATE COURSE		PRIVATE COURSE				

Treening	Tase	Saal
Pole Fitness	Kesktase	Space 1
Pole Fitness	Algajad	Space 1
Pole Exotic	Kesktase	Space 1
Pole Exotic	Algajad	Space 1
Strip Choreo	Kõik tasemed	Space 2
Stretching	Kõik tasemed	Space 2
Aerial Mix	Kõik tasemed	Space 2
Chair Dance	Kõik tasemed	Space 1