

Tunniplaan - 2023 Detsember																
Kell	Esmaspäev		Teisipäev		Kolmapäev		Neljäpäev		Reede	Laupäev	Pühapäev					
									1	2	3					
10:00					Treening		Tase		Saal							
11:00					Pole Fitness		Kesktaase		Space 1							
12:00					Pole Fitness		Algajad		Space 1							
13:00					Pole Exotic		Kesktaase		Space 1							
14:00					Pole Exotic		Algajad		Space 1							
15:00					Strip Choreo		Kõik tasemed		Space 2							
16:00					Stretching		Kõik tasemed		Space 2							
17:00					Aerial Mix		Kõik tasemed		Space 2							
18:00					Floor Work		Kõik tasemed		Space 2							
19:00														Pole Exotic Milena		
20:00																
21:00																
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10:00	Pole Fitness Anasstasia															
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19:00													Pole Exotic Irina		PRIVATE COURSE	
20:00	Pole Fitness Liubov		Strip Choreo Irina		Pole Fitness Ilona		Strip Choreo Milena		Pole Exotic Milena		Pole Exotic Elina		Stretching Liubov			
21:00	PRIVATE COURSE		Stretching Liubov		Pole Exotic Ilona		Floor Work Milena		Pole Fitness Milena		PRIVATE COURSE		Pole Exotic Irina		Stretching Rekap	
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21:00	PRIVATE COURSE		Stretching Irina		Pole Exotic Milena		Floor Work Milena		Pole Fitness Milena		PRIVATE COURSE		Pole Exotic Irina		Stretching Rekap	
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21:00	PRIVATE COURSE		Stretching Irina		Pole Exotic Milena		Floor Work Milena		Pole Fitness Milena		PRIVATE COURSE		Pole Exotic Irina		Stretching Rekap	
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